

Post Operative Home Care Instructions

Composite Fillings

Do not eat or chew anything until the numbness has completely worn off. It is very easy to injure your lip or tongue while you are numb.

It is normal to experience some hot, cold or pressure sensitivity after your composite is finished. The injection site may also be sore. Tylenol, Ibuprofen or aspirin will work well to alleviate the tenderness.

It is important that your bite is correctly balanced. If you feel that your bite is not correctly balanced, please call the office to schedule an appointment *at no charge* for a simple adjustment.

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