

Post Operative Home Care Instructions

Crowns and Bridges

Although the temporary crown is strong, please do not chew on hard or sticky foods, in order to avoid pulling off or breaking the temporary.

Be careful when flossing around the temporary crown. Insert floss normally and remove floss by pulling straight out. **Do not** pull the floss back up through the contact point because this could pull off the temporary crown. Continue with your normal brushing.

If the temporary crown comes off, retrieve and **save the temporary**, if possible. Please call the office immediately to schedule a time, so we can fix or replace it, *at no additional charge*. No harm will be done to the tooth, if the temporary is not in place for a couple of days, although the tooth may be sensitive. We need to fix the temporary within two or three days, because, without the temporary, the other teeth can shift and the final restoration may not fit.

Temporary restorations do not seal the tooth as well as the permanent restoration will. Sensitivity, gum soreness or slight discomfort is not uncommon. If you feel that your bite is incorrect, please call the office for a simple adjustment. Take Tylenol, Ibuprofen or aspirin for discomfort.

Please call the office if you have any questions.

