

Post Operative Home Care Instructions

Dentures and Partial

Dentures and partials require regular care and good oral hygiene.

Rinse your appliance under running water, to remove any food particles, after every meal. Use an approved denture cleaner every day, and be sure to rinse your appliance after soaking it in the cleaning solution. Keep your appliance in the case, in water, when it is not being worn, to keep it hydrated.

Handling a denture requires care. It's a good idea to stand over a folded towel, or a sink filled with water, in case you accidentally drop the denture.

Your new appliance might need some adjustment after you have worn it for 24 hours. This is normal, and can be done in a small amount of time at the office, *at no charge*. **Do not attempt to adjust your denture yourself!** Please call the office so we can adjust it for you as soon as possible.

For the first few weeks, your new denture may feel awkward or bulky. However, you will soon become accustomed to wearing it.

Inserting and removing the denture will require some practice. We recommend that you take your denture out at night when you sleep.

Replacing your missing teeth should make eating a more pleasant experience. Start out by eating soft foods that are cut into small pieces.

Remember to brush your natural teeth and gums regularly as directed by Dr. Johnston.

If you have any other questions or concerns, please call the office.

Carroll Johnston, DDS

